

Lewtrenchard WI March Report

theWI INSPIRING WOMEN

We had an excellent turnout and one potential new member joined us for this evening all about hair.

Barbara welcomed our speaker Paula who started the evening cutting and styling our Sarah's hair.

Paula started off by talking about herself, how she got into hairdressing, but dipped in and out of it whilst trying other jobs, but somehow always found her way back to hairdressing. She had a couple of

Salons in Buckinghamshire, then moved to Devon some 30 years ago. She was juggling family life and other jobs when a chance offer to buy a salon in Okehampton came up. Ever up for a challenge, she bought the Salon, Moor Hair and has loved every minute despite the ups and downs one encounters owning your own business.

Training in her days was much and demanding, with many the salon perfecting her craft.

All the while cutting Sarah's hair, Paula took questions from the floor, like how do you cope with standing on your feet all day. This is beginning to take its toll, she is ok standing up but can't sit still for very long. Our hair really is a reflection of what is going on within our bodies, for example, the menopause can change your hair from frizzy to straight, illness and pregnancy influences your hair too. Half

more rigorous
hours spent in



an hour later, hair cut & dried, Sarah looked amazing 😊

**Date & venue for next meeting: Monday April 13, 19:30, Lewdown Victory Hall
Hidden Nature on Dartmoor with Paul Rendell**

Dates for your diary:

16th April	Coffee morning
25th April	Centenary fundraiser 10am - 12pm Lewdown Victory Hall
27th April	Fingers crossed for better weather so that walks can resume